

WRHS Newsletter

February 2021

FROM ADMINISTRATION

Hello Wolverines!

Registration is upon us. This month, our 9th-11th graders are registering for next year by checking progress towards graduation requirements and completing course requests and their four year plan. Parents/Guardians are asked to sign these documents to ensure you know what your student is planning on taking the following year. The course requests allow us to plan how many sections of each course to offer so it is critical students get them turned in. The following deadlines for turning in four year plans and submitting course requests online in Skyward (done in Advisory) are as follows:

- Freshman February 10th and 11th
- Juniors February 24th and 25th
- Sophomores March 10th and 11th

The sophomore deadline was pushed back to accommodate the **Personal Project Digital Showcase** deadline of February 25th. Students will be submitting recorded presentations for panelists to score. Contact your student's Advisory teacher if you have any questions.

We met with the PTSA group to address questions about **next year's schedule**. We will be continuing the 4x4 block with some modifications. One modification is year-long classes that will be back to back in a term. For example, English 9A and English 9B would be completed in Q1 and Q2 rather than alternating quarters like this year. Also, we are adding half block courses that will only be half a block period and meet for the entire semester (two back to back quarters) or year. This helps protect programs that need the continuity of a year. Departments have identified which courses are best served in a half block and we will schedule accordingly. This option provides more flexibility for students while still lessening the number of classes per term.





WRHS College and Career

All Students

Interested in pursuing a military career? You should consider taking the **ASVAB**...this is a test that helps you and recruiters have an idea about what potential career fields you might be able to enter in each branch of the military! It is free and offered at WRHS on February 26...if interested, <u>sign up HERE</u>! (Usually juniors and seniors take the ASVAB, occasionally sophomores) Also, watch the school calendar for virtual visit dates/times from military recruiters in the coming days!

Seniors

Once again, our focus is on local scholarships!

Due Date: February 24

Access: WRHS C&C Website (also check out the Outside scholarship list linked there!)

Options for assistance:

- Friday, 2/5: 10-11, WRHS Library (all welcome; focus will be on Standard Prompt Essay completion): Sign up here
- Friday, 2/12: 11-12, WRHS Library (all welcome; focus will be on essays, Student Activity Report): Sign up here
- Friday, 2/19: 10-12, WRHS Library (wrapping it all up and submission): <u>Sign up here</u>

Juniors

Start watching for regular newsletters from the College & Career Offices to come to your email! These will contain relevant information about what you should be working on to prepare for your future, how we are supporting students at WRHS, and recommendations for a successful transition to your senior year! If you haven't made an appointment with us yet, we'd be glad to get one scheduled with you to talk about your specific situation: Liz Clark (last name A-G) - lclark@blaineschools.org and Kristen Swafford (last names H-Z) - kswafford@blaineschools.org.



WRHS College and Career (continued)

Testing Updates!

All juniors will take the **School Day SAT** on Tuesday, April 13. This test administration is paid for by the State, and is a requirement for graduation. In the past, students have had the chance to opt into an essay section, but Collegeboard has recently decided to stop offering the essay portion of the SAT (along with SAT Subject Tests)! So...this means no more SAT essay requirements from the colleges that used to require it, and no more subject tests!

How should you prepare for the upcoming SAT?

- Free test preparation is available through Collegeboard and Khan Academy.
- The Space (a local non-profit) will be offering several test-prep sessions in March and April...details are still in the works, but when they are available, you can find them here: All About Testing.
- You can also consider private/individual test preparation sessions a couple options are listed in the <u>All About Testing</u> form.

NOTE: We do not yet know which or how many colleges will require test scores for the class of 2022. None have yet said whether this year's test-optional status will continue into next year or not. A standardized test IS still a requirement for graduation in the state of Idaho, and some colleges are still requiring SAT/ACT scores for financial aid purposes. As we learn more, we will share it!

Purposity App Offers Another Way to Support Students, Families

The Blaine County School District is launching its partnership with Purposity! Through the <u>mobile app</u>, users can receive notifications about a need in the community, read about students and families who could use some extra assistance, and then can make a contribution directly from their device.

We are incredibly appreciative for all the individuals and organizations working to provide bright futures for our students. We are proud to have added a new member to our group of community partners.





Pay Attention to Attendance Keep Your Teen on Track in Middle and High School

Even as teens grow older and more independent, families play a key role in making sure teens participate or get to school safely every day.

DID YOU KNOW?

- Absences can be a sign that a teen is losing interest, struggling with school work, dealing with a bully or facing some other difficulty.
- · By 6th grade, absenteeism is one of three signs that a teen may drop out of high school.
- Missing 10% (or just 2 days each month) of school can drastically affect a teen's academic success.
- Attendance is an important life skill that will help your teen keep a job and graduate from college.



WHAT YOU CAN DO

Communicate with the School

- · Contact your teen's teachers and let them know how to reach you.
- · Request a schedule of classes and log in information for your teen.
- Ask for help from school officials, after-school program providers, other parents or community agencies if
 you're having trouble getting online or need help with food, housing or some other challenge.
- Know the school's attendance policy and the consequences for absences.
- · Check on your teen's attendance to make sure they are attending all of their classes regularly.

Make School Attendance a Priority

- Talk about the importance of showing up to school every day so your teen knows this is your expectation.
- Encourage your teen to maintain daily routines, such as finishing homework or getting a good night's sleep.
- Avoid scheduling non-urgent dental and medical appointments when classes are in session.
- · Post your teen's class schedule and log in information in a visible location, such as on the refrigerator or teen desk.
- Identify a quiet place for your teen to participate in class. Or ask your school or community agencies if they have created places for distance learning. If you have multiple children, make a schedule.

Help Your Child Stay Healthy and Engaged

- · Make sure your teen wears a mask, as needed, and gets the flu vaccine and other required shots.
- Find out if your teen feels safe from bullying. Make sure that school discipline policies don't lead to your teen becoming disengaged or pushed out of school. If there are problems, work with your school to find a solution.
- · Check in weekly about your teen's academic progress and seek help from teachers or tutors.
- Stay on top of your teen's social contacts. Peer pressure can lead to skipping class. Teens who have a hard time
 making friends can feel isolated.
- Ask for help when you need it. School staff, after-school program providers, and other parents or community
 agencies are available to help families access online learning, obtain food or housing and address other
 experiences that make it difficult to attend and participate.



Student & Family Connections



Hello from the WRHS Guidance Office!

We are halfway through this school year! Let's explore ways our families can stay healthy!

What can you do if you or someone you know may be struggling with coping with their emotions?

- know you are not alone
- reach out for support this isn't a sign of weakness, it's a sign of strength
- It is courageous to reach & out let others know what is going on

Why is this important to you and your family?

 Many of us have been affected by someone in our community who has died by suicide or has struggled with mental health issues. Together we can save lives and make lives better for everyone!

Here are FIVE SIGNS to look for in yourself or others they may indicate we are struggling:



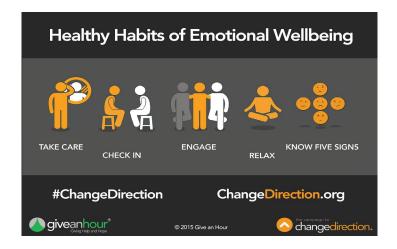
HOW WE CAN HELP OURSELVES AND OTHERS

Reach out, Connect, Inspire hope. Offer help.

Show compassion, caring and a willingness to find a solution when the person may not have the will or drive to help him/herself. There are many resources in our communities



Student & Family Connections (continued)



Healthy Habits:

- Take care of yourself (eating, sleeping, hygiene, drinking water
- <u>Check in- talk with someone who you trust and knows you when things are</u> going well- or not!
- Engage- Participate in social activities that you enjoy
- Relax- listen to soothing music, feel the sun on your face, think of happy timeless; know the Five Signs- the information above!

Here is a video link with more information!

School Resources

Guidance office:

Julie Carney- WRHS Social Worker- jcarney@blaineschools.org

Jeff Ford- WRHS Guidance Counselor- jford@blaineschools.org

Amanda LaChance- WRHs Guidance Counselor- amandalachance@blaineschools.org

Deb Greenberg- WRHs Guidance Counselor- dgreenberg@blaineschools.org

Laurie Strand - BCSD Mental Health Therapist- <u>Lstrand@blaineschools.org</u>





The registration meeting for the **FINAL** SESSION OF DRIVER'S ED OF THE 2020-21 SCHOOL YEAR will be on Tuesday, March 2nd 3:40 pm in the Cafeteria at WRHS.

We are only taking 21 students per class this year--priority will be given to oldest students first. We will have a waitlist each session, which will be open to the first students who meet the registration requirements. If you intend to take Driver's Ed through the school district THIS IS THE LAST SESSION of the school year, we no longer do a summer session. If you are interested in Driver's Ed through the School District please follow this

link: https://www.blaineschools.org/domain/1064 On the left hand side of the page are links to individual sessions. Go to the session that you would like to take and check the dates, if they fit in your schedule scroll down and click on the link that says, 'Put name on list.' Fill out that form and then come to the registration meeting. https://www.blaineschools.org/domain/1064 On the left hand side of the page are links to individual sessions. Go to the session that you would like to take and check the dates, if they fit in your schedule scroll down and click on the link that says, 'Put name on list.' Fill out that form and then come to the registration meeting. https://www.blaineschools.org/domain/1064 On the left hand side of the page are links to individual sessions.

Contact Mr. Liji Waite if you have any questions: lijiwaite@blaineschoools.org 208-578-5020 ext. 2216

ATHIETICS

Spring Sports Parent Player Meetings

2/17 6:00 - 7:00pm

These meetings will be virtual and you will receive more sport-specific time information when the date draws nearer.

Coach Contact

Please contact your sport's head coach ASAP and let them know you intend on playing this year so we can check off all of your necessary paperwork

Baseball - Dave Slotten <u>dslotten@blaineschools.org</u>
Softball - Matt Nelson <u>mnelson@blaineschools.org</u>
Track & Field - Monte Brothwell <u>mbrothwell1@gmail.com</u>
Boys Golf - Mandy Wilson <u>amandawilson@blaineschools.org</u>
Girls Golf - Anna Edwards <u>aedwards@blaineschools.org</u>
Tennis - Jamie Hjort jhjort22@gmail.com

Always check <u>www.wrhswolverines.org</u> for day of game changes



IMPORTANT DATES IN FEBRUARY

Monday, February 1

Quarter 3 Begins

Monday, February 15

President's Day- NO SCHOOL

Monday, February 25

Personal Projects Due

Upcoming Dates to Remember

Monday, March 22- Friday, March 26: Spring Break- NO SCHOOL

